

"Home is where YOUR WELLNESS story begins"



H.O.M.E. Center

3892 Lancaster Dr. NE Salem, Oregon 97305

www.homecenterhealing.com for information about classes or events call 503.363.3926

H.O.M.E. is an acronym that stands for Helping Ourselves Master Everyday
New Thought Church, Personal Growth, Alternative Healing and Spiritual Resource Center in Salem

February Events

New Thoughts on Prayer: A Workshop on prayer as a spiritual practice. With Jeannette Duke

Thursday, February 9th 7-9pm, Cost donation, (Main Building)

*As you have grown spiritually, did you also expand your understanding of
how you commune with the Divine?*

In this workshop, which combines lecture and hands-on participation, various types of prayer will be explored. Topics will include affirmative prayer, spiritual mind treatment, prayer postures, the role of emotions in prayer, informal, centering and meditative prayers. Also various Shamanic methods to anchor prayer in the physical will also be discussed and experienced.

This workshop will be facilitated by Jeannette Duke who began her prayer journey in 1984 when she first joined an intercessory prayer group. Her recent medical challenge deepened her exploration of prayer work and she would enjoy sharing her knowledge with you.



You are invited to celebrate a Birthday Rev. Jay Smith is going to be 82!!

Birthday Party Celebration is on his special day
February 25th at 6pm (Main building)
Potluck finger foods and lots of fun...



Back by popular demand!!

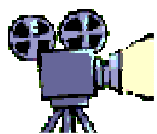
Way Out West Murder Mystery and Dinner

Saturday, February 18th 5-9pm \$50 (main building)

It's time for our annual Metaphysical Murder! We will feed you a lovely dinner and if you're lucky you will be alive to tell about it! Only 24 spaces available, so sign up soon! The sooner we have everyone signed up, the sooner we can assign characters. See Patricia if you need to make payments.

Get your reservations in email 1heart4us@gmail.com or call 503.990.3617

These are always guaranteed fun!



'Girls Night Out' Movie Night

****Change in date (for this month)****

Saturday, February 11th 6pm \$5 (main building)



The title of the movie is a mystery chick flick. You just have to come and see what the movie is!
Come in your comfy clothes and bring your pillow and blanket and have some good girl time.

**Deborah O'Brien, Nutrition, Health and Life Coach
with Sacred Food, Sacred Body**

Friday, February 17th 7pm (Main Building)

\$20 please re-register at deblynob@hotmail.com or (503) 706-0908

Deborah O'Brien representing Sacred Food, Sacred Body invites you to play with her in the game of self-discovery as we explore the many different dietary and lifestyle theories including Ayurvedic, metabolic, Blood Type diet theory, the Circle of Life exercise, defining the highly sensitive person, and other fun tests with the different theories to help you to better define your holistic self at this moment in time.

To quote the I Ching; "It is only when we have the courage to face things exactly as they are in this moment without any self-deception or illusion that a light can develop to which the path to success would be recognized."

This will be a fun time to play with others in the game of self-discovery as we begin to recognize our own unique individual body type and the dietary requirements and support systems that best support us for optimal health which when practiced will increase vitality, health and well-being and ultimately a sustained quality of life into the future.

Messages of Love with Jackey Day ~

Thursday, February 2nd at 7pm \$10 love offering (Chapel building)

We are one with all that is! I have a gift of connecting with those that have passed on, those still in the earthly realm and the Angelic realm. I use this gift to help others heal sadness and grief of perceived losses and struggles within everyday life. This is a night of healing messages with healing intentions.

Internal Light Healing Circle with Jackey Day

Friday, February 24th, 7pm \$15 love offering (Chapel building)

A safe, supportive, empowering and loving environment to help you process life's events and experiences focusing on the Light within for healing.

"Voices of the Stones"

with "Aolus" Joyce Towne, BS MA L.A.c

Saturday, February 11th, 1:00-3:30pm \$15 (Chapel Building)

Bring two stones/crystals/gems that you want to work with for the class.

The response and the gifts from the participants and the stones are profound for us all in the class. We will see if the class will grow into something with the stones having input as the class creates itself in honoring and holding sacred space in a circle. Anyone can join us at anytime.

Aolus's classes are very experiential and participatory.



"Positive ways to live your life" ~ with Claire

Thursday: February 16th (7pm - 8:30pm)

Cost \$20.00 (Main building) www.GoddessofSpirit.com

Learn to trust your feelings -

(Previous month we learned about Mermaids, Selkies, and other mythical creature)

Each month's gathering is an individual teaching, where I create an opportunity to answer all of your questions in a group forum where much learning and joy can be acquired. At the beginning of each gathering, everyone is encouraged to share their questions and what usually occurs is that many others find that they too have the same issue or something close to it. This method is used to unearth the main focus that emerges during each class. We all learn from one another. We find new insights into living with greater fulfillment and success simply by learning to live each day in truth, trust, and faith in Spirit. I am here to answer any and all questions you may have and to assist you, with guidance from the Spirit world, to achieve all that you desire. Each class is unique so you can attend as many gatherings as you wish whether it is one class or several classes. I offer individual sessions in person and by phone as well as these classes.

“Drawing With Spirit” workshop series ~ with Linda McGill

Second class February 11th 9:30am - 12:30pm \$25 each class or \$100 for all 5 classes (all materials provided)
(for more information or to register email vamamarg@mindspring.com)

This workshop is for those who don't believe they are artistic and for those that do.
(This will be series on the second Saturday of each month for five months)



A workshop that is about much more than learning or enhancing our ability to draw.

A drawing workshop in which we are both the artist and the masterpiece, drawing with and being drawn by Spirit. We will learn how simple it is to draw, and, yes, you can draw, as drawing is not an issue of the hand, but of the eyes and heart. This class will open up both. If you can already draw, this workshop will enhance your abilities.

Drawing is so rich with spiritual lessons, lessons that can be applied to our daily lives. It's not necessary to attend all sessions but if there is only one you can attend, the first session will be the most empowering as we will clear out some erroneous thinking and reclaim our creative selves.

Some things included in the workshop are: encountering the internal critic, reclaiming our creativity, seeing and drawing shapes, shading, perspective, drawing what we see vs. what we know, color and the wonder of the color wheel, and, the spiritual insight each topic contains.

We will use meditation, discussion, drawing and writing to explore these spiritual insights while learning to draw.

Born and raised in Northern California, Linda came to Oregon in 1992, and, as she puts it, “could breathe for the first time.” She has a BA in Art and MA in Interdisciplinary Studies from Marylbert University. She is also certified as a 6-12 grade art teacher and taught various art classes at the middle and high school level. She has taught several drawing classes at CCC and conducted a variety of workshops. Currently she is an artist, a writer, a workshop instructor and an advocate for empowering students in public and private education.

What's coming!

**‘Being’ Your Highest Potential
With Rev. Madge Hart-Peinkofer
Saturday, March 3rd 9am-4:30 \$53**

Bases on the research, teaching, and principles of Dr. Joe Dispenza
(featured in *What the Bleep Do We Know?*)

Learn how to change who you are ‘being’ and release your innate energy to create the reality you want to fulfill your highest potential.

Learn the 10 steps to changing your mind.

To register or for more information email homecenter2@comcast.net or 503-551-0311

Spring Equinox Event

Saturday, March 24th 2-5pm Mark your calendar now!!

Readings and/or services 20 minutes for \$10

If you are a practitioner and would like to participate
please call 503-551-0311 or email homecenter2@comcast.net

**We are looking for Psychic Readers, Tarot Readers,
Tea Leaf Readers, Aura Drawings, Massage Therapists,
or Services that can done in 20 minutes.**

This is one of our most popular events of the year!!

Come join us...



Ongoing events:

2nd & 4th Thursday: **Toastmasters International Club** name: "Diamonds in the Rough", 7-8:30 pm (Chapel Building) Feeling some nervousness before giving a speech is natural and healthy. It shows you care about doing well. But, too much nervousness can be detrimental. Here's how you can control your nervousness and make effective, memorable presentations. Books, support material and coaches available. Become a success!

2nd Sunday: **One Spirit Drum Circle at Woodland Chapel 582 High St.**

It is a multi cultural circle. You don't have a drum? Come anyway, there are always extras. Share your heartbeat in a safe, fun, and healing environment it is very good for your health. We take a break with potluck snacks. Call Minister Madge Peinkofer (503)551-0311 for information \$10.00



3rd Sunday: **Wellness Sharing Sunday - Healing**, 1-3pm (Chapel Building)

Bill Clubb is now providing chair massages on 'Wellness Sunday'!! This is open up to many healing modalities. We want to remind you that it is not necessary to be a Master in any such discipline. The purpose is to practice. Please come join us. We appreciate any who wish to participate and hope you will ask your friends to come and be with us. A "Love" donation is asked from those being helped, but not required.

Church Services:

Every Sunday morning: Healing Service 10:15-10:45am Church Service 11:00am
Child care available

Join us prior to Sunday Service in the main building, from 10-10:45am for
G.O.O.D. Morning (Good Open-minded Open-hearted Discussion)

Every Wednesday: Church Service 7:00pm

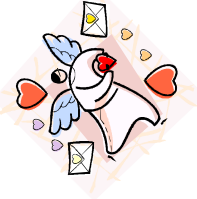
**If you miss the Sunday Service you can listen to the sermons on the
H.O.M.E. Center website www.homecenterhealing.com**

'G.O.O.D. Morning'

(Good Open-minded Open-hearted Discussion)

Join us prior to church service in the main building, from 10-10:45am.

Every Sunday morning we will get to the core of who we are as individuals and as a community. Do you know all your community members? Do they know you? This is an opportunity to allow others to get to know us and to get to know them. This is important because it builds a network of love and understanding so when we sit in service together or come together during functions, no one is a stranger. It makes our time together more meaningful and creates deeper connections. We will approach this in various ways via questions, short readings, team building games and more. Please feel free to get Reiki at the chapel between 10:15-10:45am and join us when you're done. Hope to see you there!

SUN	MON	TUE	WED	THU	FRI	SAT
						
5 10am G.O.O.D. Morning 10:15am Healing Service 11am Church Service Rev. Madge Peinkofer	6 7-9pm Beginner Tarot w/ MaryLou Mulholland	7 7-9pm Beginner Tarot w/ MaryLou Mulholland	8 7pm Church Service with Rev. Patricia Roller	9 6:30 Prayer as a Spiritual Practice 7pm Toastmasters	10 6:30 Prayer as a Spiritual Practice 7pm Toastmasters	11 9:30 Drawing with Spirit 1-3:30pm Voices of Stone 6pm Girls Movie Night
12 10am G.O.O.D. Morning 10:15am Healing Service 11am Church Service Rev. Jay Smith 2pm Drum Circle	13 7-9pm Beginner Tarot w/ MaryLou Mulholland	14 7-9pm Beginner Tarot w/ MaryLou Mulholland	15 7pm Church Service with Rev. Jay Smith	16 7pm Positive Ways to Live Class - Claire	17 7pm Exploring Bio- Individuality	18 5pm Murder Mystery Dinner
19 10am G.O.O.D. Morning 10:15am Healing Service Rev. Jay Smith 11am Church Service	20 7-9pm Beginner Tarot w/ MaryLou Mulholland	21 7-9pm Beginner Tarot w/ MaryLou Mulholland	22 7pm Church Service with Rev. Jay Smith	23 7pm Toastmasters	24 7pm - Internal Light Healing Circle with Jackey	25 6pm Rev. Jay's Birthday Celebration
26 10am G.O.O.D. Morning 10:15am Healing Service Rev. Patricia Roller 11am Church Service	27 7-9pm Beginner Tarot w/ MaryLou Mulholland	28 7-9pm Beginner Tarot w/ MaryLou Mulholland	29 7pm Church Service with Rev. Madge Peinkofer			